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Before you start to appliqué prewash all of your fabrics as instructed on page 8. Remember to not wash the background fabric.

Trace or print out several copies of your chosen appliqué pattern. You will use these to make your appliqué templates. How many you will need depends on how many appliqué blocks you are making. Generally speaking, you can cut four layers from one pattern.

Trace another copy of your appliqué pattern onto the dull side of freezer paper. This will serve as your master layout pattern when you put your appliqué block together.

Staple the template pattern onto four layers of the special appliqué foundation paper I described on page 9. If you did not get the foundation paper from my website, be sure you are using the type of appliqué foundation paper that does not need to be removed.

With smooth strokes, cut the pieces on the line, through all the layers.

Since we are working on the Tulip Wreath pattern you will want to start with piece 1. Carefully take out the staples.
Sharon’s Tip: Be sure to keep all the appliqué template pieces in the same orientation. You may want to lightly mark them just to keep things simple.

Apply the glue stick (Elmer’s Washable School Glue Stick) to the top of the appliqué foundation template and gently place it glue side down on the wrong side of the fabric. Heat-set with a dry iron. This step is essential.

Trim fabric around the appliqué foundation, leaving about a \(\frac{1}{8}\)" turn-under allowance beyond the edge of the foundation. The width of a manicure stick is a good measure of the size the allowance should be.
Apply a generous amount of glue stick to the allowance and the edges of the template.

Clip only the inside curves of the turn-under allowance, stopping just a few threads beyond the edge of the foundation.

**Sharon’s Tip:** You’ll want to clip after the glue has been applied. If you clip beforehand, the edges will flip up and the allowance will fray.

Using a pinching action of your thumb and pointer finger, turn the fabric over the edge of the template paper. Use your iron to heat-set the fold. This step is essential. Repeat this process on the other side of your appliqué piece as necessary.